



# Food-Info Allergy Dictionary English – Hrvatski



## allergy

allergen  
allergen-free  
allergic  
anaphylactic shock  
anti-histaminics  
food allergy  
food hypersensitivity  
food intolerance  
histamine  
I am allergic to...  
intolerant  
protein

## dairy products

butter  
buttermilk  
casein  
cheese  
cow's milk  
cream  
goat milk  
kefir  
lactose  
lactose intolerance  
milk  
milk protein  
milk sugar  
sheep milk  
whey  
whey powder  
whipped cream  
yoghurt

## peanut

## tree nuts

almond  
apricot kernel  
Brazil nut  
cashew nut  
chestnut  
coconut

## alergija

alergen  
bez alergena  
alergičan  
anafilaktički šok  
antihistaminici  
alergija na hranu  
preosjetljivost na hranu  
nepodnošljivost hrane  
histamin  
Alergičan sam na...  
nepodnošljiv  
protein, bjelančevina

## mliječni proizvodi

maslac  
mlačenica  
kazein  
sir  
kravlje mlijeko  
vrhnje  
kozje mlijeko  
kefir  
laktoza  
nepodnošljivost laktoze  
mlijeko  
protein mlijeka  
mliječni šećer  
ovčje mlijeko  
sirutka  
sirutka u prahu  
tučeno vrhnje  
jogurt

## kikiriki

## orašice

badem  
sjemenka marelice  
brazilski orah  
kasu orah  
kesten  
kokos

hazelnut  
kemiri nut  
macadamia nut  
nuts  
peanut oil, arachid oil  
peanut sauce, sateh  
sauce  
peanutbutter  
pecan nut  
pine nut  
pistachio  
walnut  
walnut oil

## soybean

lecithin  
soy oil  
soy protein  
soy sauce  
tempeh  
tofu, bean curd

## legumes

bean  
lentils  
lupin  
pea  
pulses

## gluten

amaranth  
barley  
bran  
buckwheat  
bulgur  
  
celiac disease  
corn, maize  
flour  
gliadin  
gluten intolerance

lješnjak  
kemiri orah  
australski orah  
orašasti plodovi  
ulje od kikirikija

umak od kikirikija,  
maslac od kikirikija  
orah pekan  
pinjol  
pistacija, trišlja  
orah  
orahovo ulje

## soja

lecitin  
sojino ulje  
protein soje  
umak od soje  
tempeh  
tofu (sir od soje)

## mahunarke, leguminoze

bob  
leća  
lupina  
grašak  
sjemenke leguminoza

## gluten

amarant  
ječam  
posije  
heljda  
bulgur (jelo od parenog  
pšeničnog zrna)  
celijakija  
kukuruz  
brašno  
gliadin  
nepodnošljivost glutena

glutenin  
kamut  
millet  
oats  
rice  
rye  
spelt  
starch  
tapioca  
triticale  
wheat

## seafood

anchovy  
carp  
cod  
crab  
fish  
flatfish  
haddock  
herring  
lobster  
mackerel  
mussels  
octopus  
oyster  
perch, bass  
plaice  
salmon  
shellfish  
shrimp  
sole  
swordfish  
trout  
tuna

## chicken

egg  
albumin  
conalbumin

glutenin  
divlja pšenica  
proso  
zob  
riža  
raž  
krupnik  
škrob  
tapioca, tapioka  
pšenoraž  
pšenica

## plodovi mora

inčun, sardela  
šaran  
bakalar  
rakovica  
riba  
plosnata riba (golub, raža)  
koljask, vrsta bakalara  
haringa  
jastog  
lokarda, skuša  
dagnje  
hobotnica  
kamenica  
grgeč, lubin, brancin  
iverak  
losos  
školjkaši  
škamp  
list  
sabljarka  
pastrva  
tuna

## pile

jaje  
albumin  
konalbumin (protein  
bjelanjka)



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egg lecithin  
egg white  
egg yolk  
globulin  
lysozyme  
mayonnaise  
ovo-albumin

## meat

beef  
ham  
hamburger  
lamb  
meat replacer  
minced meat  
muscle protein  
mutton  
pork  
salami  
sausage  
veal

## spices

### herbs

anise, aniseed  
basil  
black mustard  
caraway  
celery  
cinnamon  
coriander  
fennel  
garlic  
mustard  
mustard oil  
nutmeg  
onion  
parsley  
pepper  
peppermint  
sage  
thyme

lecitin jajeta  
bjelanjak  
žumanjak, žutanjak  
globulin  
lizozim  
majoneza  
ovoalbumin

## meso

govedina  
šunka, pršut  
hamburger  
janjetina  
zamjena za meso  
mljeveno meso  
protein mišića  
ovčjetina, bravetina  
svinjetina  
salama  
kobasica  
teletina

## začini

### bilje

anis  
bosiljak  
crna gorčica, crna gorušica  
kim  
celer  
cimet  
korijander  
komorač  
češnjak  
senf, gorčica  
ulje gorušice  
muškatni orah  
crveni luk  
peršin  
biber  
paprena metvica  
kadulja  
majčina dušica, timijan

yellow mustard

## chocolate

cocoa  
cocoa butter  
cocoa mass  
cocoa powder

## additives

azo-colours  
benzoate  
benzoic acid  
food colours  
glutamate, MSG  
preservatives  
salicylate  
sorbate  
sorbic acid  
sulphite  
sulphur dioxide  
tartrazine  
vanilla  
vanillin

## sugar

### sweetener

aspartame  
dextrose  
fructose  
fruit sugar  
glucose  
glucose syrup  
honey  
inulin  
invert sugar  
lactitol  
lactulose  
maltitol  
sorbitol  
sucrose  
xylitol

žuta gorušica

## čokolada

kakao  
kakao maslac  
kakao masa  
kakao prah

## aditivi

azo-boje  
benzoat  
benzojeva kiselina  
prehrambena bojila  
glutamat  
konzervansi  
salicilat  
sorbit  
sorbinska kiselina  
sulfid  
sumporov dioksid  
tartrazin  
vanilija  
vanilin

## šećer

### sladilo

aspartam  
dekstroza  
fruktoza  
voćni šećer  
glukoza  
glukozni sirup  
med  
inulin  
invertni šećer  
laktitol  
laktuloza  
maltitol  
sorbitol  
saharoza  
ksilitol

## fruit

### vegetables

apple  
avocado  
banana  
broccoli  
carrot  
cherry  
citrusfruit  
cucumber  
date  
fig  
grape  
grapefruit  
kiwi  
lemon  
lime  
mandarin  
orange  
orange juice  
peach  
pear  
plum  
spinach  
strawberry  
tomato

## yeast

yeast extract  
**sesame seed**  
sesame oil  
**alcohol**  
**sunflower seeds**  
**mushroom**  
**oyster mushroom**

## voće

### povrće

jabuka  
avokado  
banana  
brokula  
mrkva  
trešnja i višnja  
citrusno voće  
krastavac  
datulja  
smokva  
grožđe  
grejpfrut  
kivi  
limun  
limeta  
mandarina  
naranča  
sok od naranče  
breskva  
kruška  
šljiva  
špinat  
jagoda  
rajčica

## kvasac

kvašćev ekstrakt  
**sjemenka sezama**  
ulje sezamovog sjemena  
**alkohol**  
**sjemenke suncokreta**  
**gljiva**  
**bukovača**